Lunch Menu week 1

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w/c 6/9 27/9 18/10 15/11 6/12		Tuesday	Wednesday	Thursday	Friday	
Main Mea	Cottage Pie topped with sweet potato & carrot mash	BBQ Chicken Drumsticks with Rice & Slaw	Phat Pasty Day	Chicken Tikka Masala in folded Naan	Breaded Fish with Tartare Sauce & Chips	
Vegetaria Main Mea	Q 3. 3 3 .	Quorn Dippers with Rice & Slaw	Phat Pasty Day	Vegetable Madras & Rice	Vegetable Samosa & Chips	
On the Side		choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
Grab and Go	Hot Dog or Veggie Hot Dog	Meat or Vegetarian Burger in a Bun with Salad	Phat Pasty Day	Tugo Meat or Vegetarian Pizza		

find out more about us at www.caterlinkltd.co.uk



Lunch Menu week 2

w/c 13/9 4/10 1/11 22/11 13/12	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Butcher's Sausages & Mash with onion gravy	Chilli Beef with Nachos & Rice	/	Piri Piri Chicken Meatballs with Pasta	Breaded Fish with Tartare Sauce & Chips
Vegetarian Main Meal	Sweet & Sour vegetables with egg noodles	Vegetable Chilli with Nachos & Rice	Macaroni Cheese with Garlic Mushrooms and Side Salad	Vegetable Quiche & Seasoned Wedges	Quorn Nuggets & Chips
On the Side	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
Grab and Go	Meat or Vegetarian Burger in a Bun with Salad	Hot Dog or Veggie Hotdog	Chicken or Quorn Hot Wrap	Tugo Meat or Vegetarian Pizza	



Lunch Menu week 3

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	w/c 20/9 11/10 8/11 29/11	Monday	Tuesday	Wednesday	Thursday	Friday	
	Main Meal	Chicken Kofta with Flat Bread and Salad	Beef Lasagne with Garlic Bread	Phat Pasty Day	Chicken Curry & Rice	Breaded Fish with Tartare Sauce & Chips	
	Vegetari an Main Meal	Quorn Sausages & Mash	Veggie Lasagne with Garlic Bread	Phat Pasty Day	Onion Bhajis with Rice & Mnt Yoghurt	Vegetable Samosa & CChips	
	On the Side	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays					
	Grab and Go	Meat or Vegetarian Burger in a Bun with Salad	Hotdog or Veggie Hotdog	Phat Pasty Day	Meat or Vegetarian Pizza		

